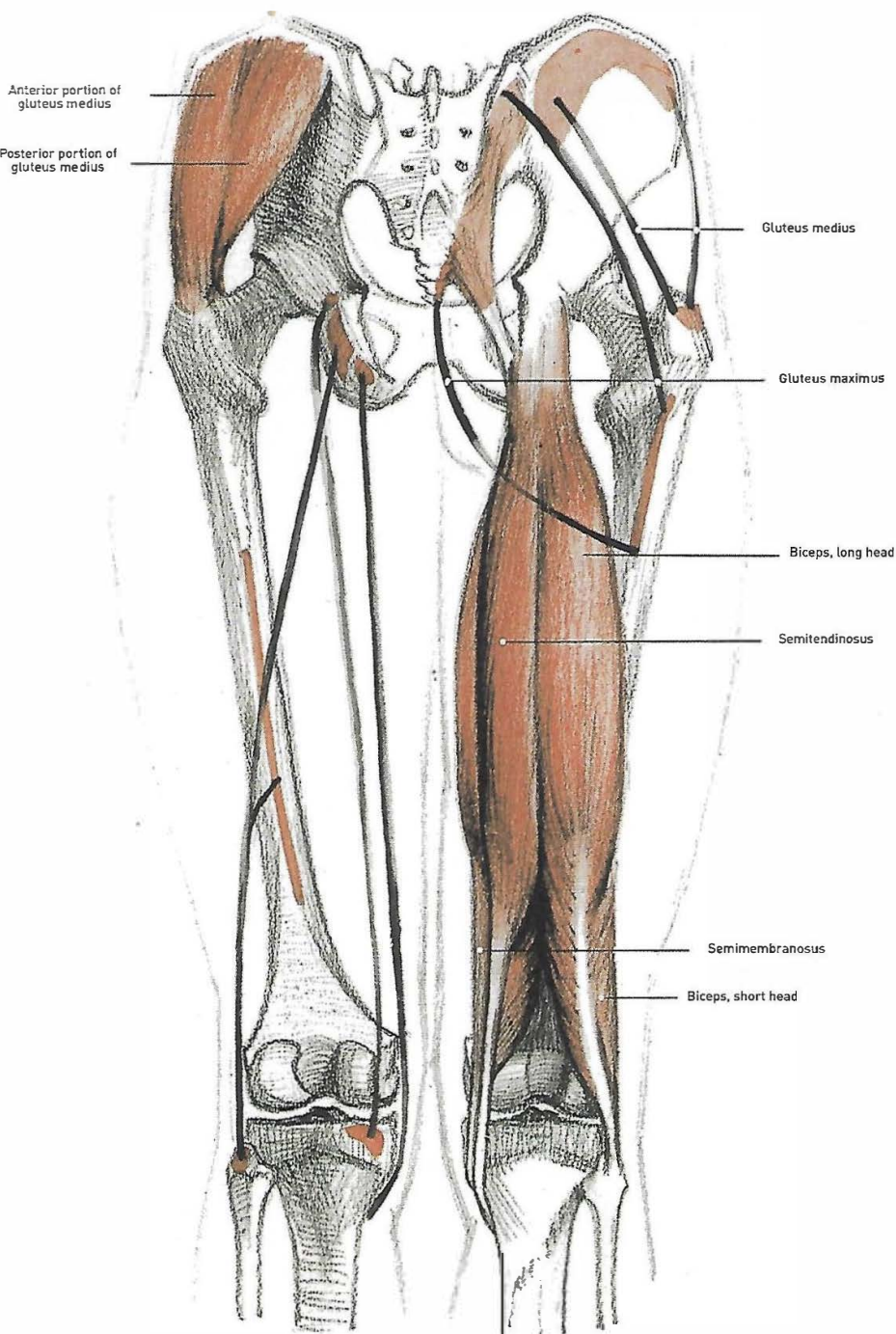
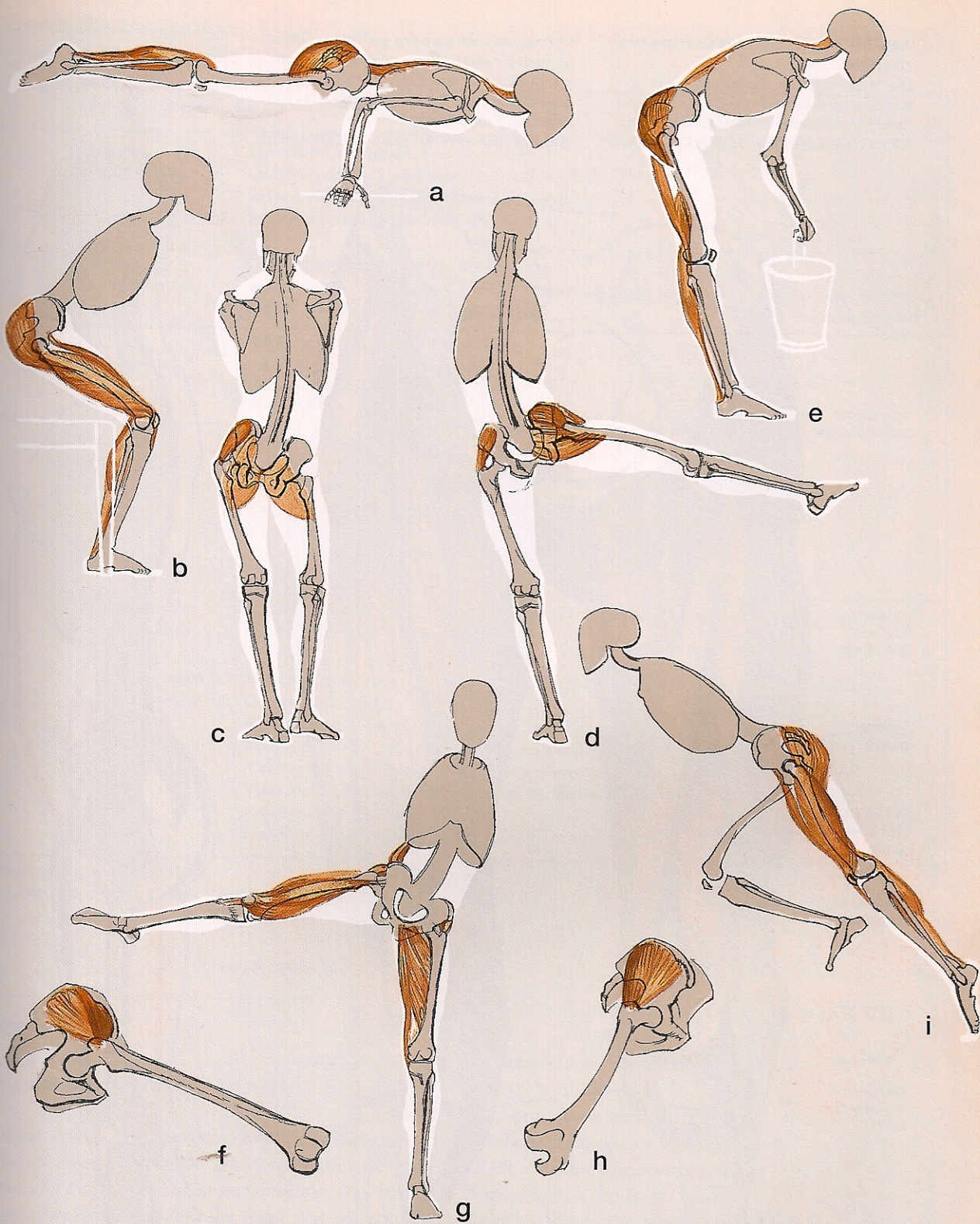
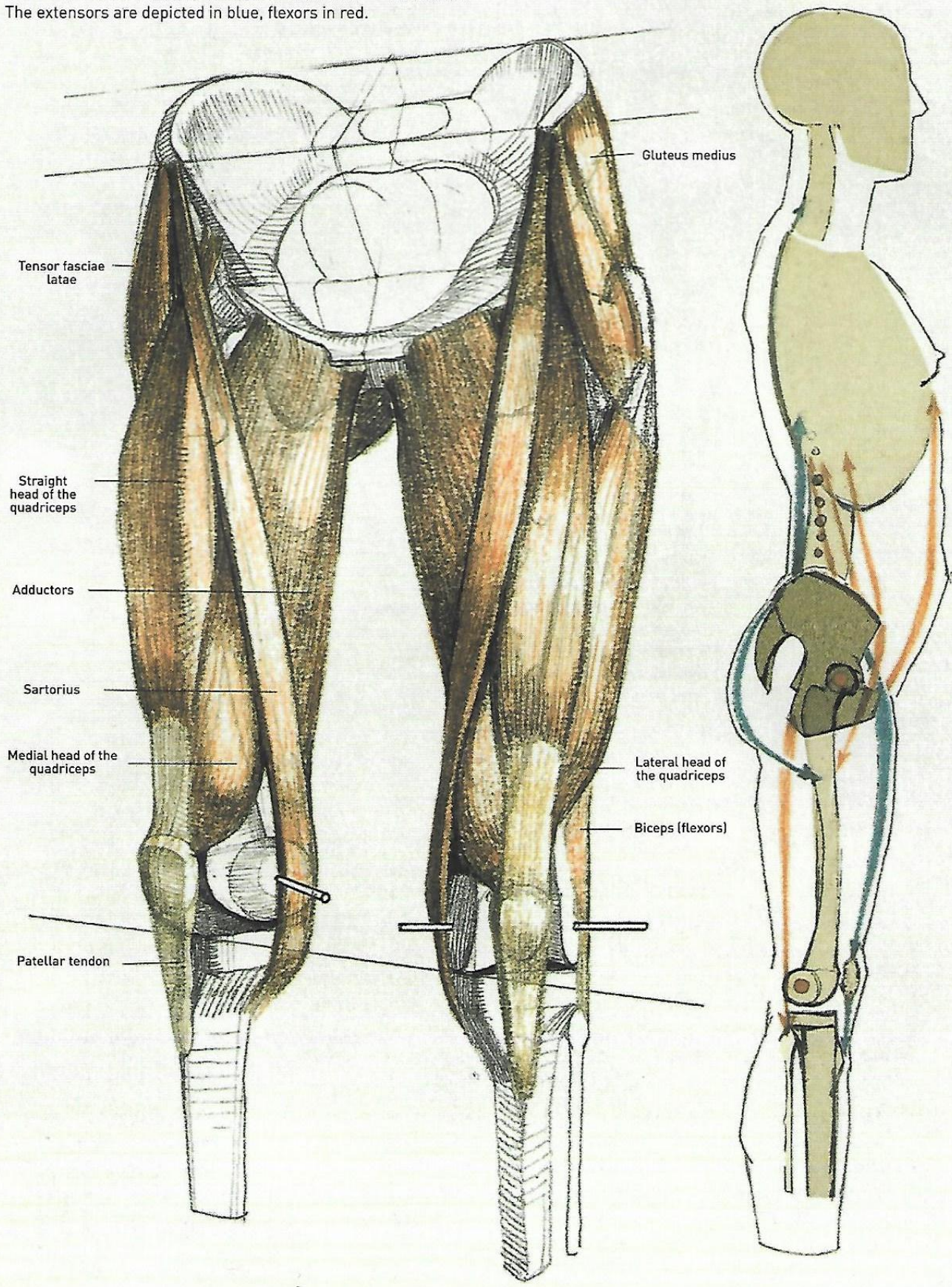






orientation of the muscles that act on the trunk. *Menschen.*
The extensors are depicted in blue, flexors in red.



The thigh and hip muscles

Levator scapulae

Splenius

Deltoid, medial fibres

Spine of scapula

Trapezius, descending fibres

Deltoid, posterior fibres

Trapezius, horizontal fibres

Teres major

Teres minor

Infraspinatus

Trapezius, ascending fibres

Rhomboideus

Latissimus dorsi

Serratus magnus or
serratus anterior

Latissimus dorsi

Lumbar fascia

External oblique

Gluteus medius

Iliac crest

Soft 'roll'

Gluteus maximus

Tensor fasciae latae

Gracilis

Semitendinosus

Biceps

Semimembranosus

Vastus lateralis

